9:00 – 9:45 AM Scratch Meeting held in the turf room (northwest end of track)

10:30 AM 3200 M Run: JVG, VG, JVB, VB

10:00 AM Field Events: (4 attempts for Varsity, 3 attempts for JV)

	1st Round	2 nd Round	3 rd Round	4 th Round
SHOT PUT (North Pit):	VG		JVG	
SHOT PUT (South Pit):		VB		JVB
DISCUS (Track Infield):	VB	VG		
DISCUS (East of Arena):	JVG	JVB		
LONG JUMP 1 (Lane 7):	JVB		VB	
LONG JUMP 2 (Lane 2):		VG		JVG
TRIPLE JUMP 1 (East Pit):	VB		VG	
TRIPLE JUMP 2 (West Pit):		JVG		JVB
HIGH JUMP 1 (North):	JVG		JVB	
HIGH JUMP 2 (South):		VB		VG
POLE VAULT:	VG	JVB	JVG	VB

2:00 PM or 30 min after the completion of the field

events

Running Finals: JVG, VG, JVB, VB

4 X 100 Relay

800 Meter Run

100 Meter Hurdles

110 Meter Hurdles

100 Meter Dash

1st-6th Grade 50M Dash

4 X 200 Meter Relay

400 Meter Dash

300 Meter Hurdles

200 Meter Dash

1600 Meter Run (combine JVG w/ JVB and VG w/ VB if needed)

4 X 400 Meter Relay